

# FOOD FOR THOUGHT *(continued)*

4. The following verses describe the freedom from sin, guilt, shame and even freedom from expectations of others. Read each verse and describe how it applies to your life.

SCRIPTURE:	APPLICATION:
<b>2 Corinthians 3:16-18</b>	
<b>Romans 8:1-2</b>	
<b>Hebrews 2:14-15</b>	
<b>Galatians 5:1</b>	
<b>Colossians 1:21-23</b>	

5. What stood out to you the most about this message? What might God be asking you to do with this message? What is your next right step of obedience?

# MESSAGE NOTES

## VOICES // Week 3

### MEMORY VERSE:

*Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. **Hebrews 12:1-2***

### What weight are you carrying?

*Come to me, all you who are weary & burdened, and I will give you rest. **Matthew 11:28***

God wants to see us walk in \_\_\_\_\_.

### 5 steps to walking in freedom:

1. Surround by a great cloud of witness = \_\_\_\_\_.

2. Throw off everything that hinders = \_\_\_\_\_.

*(Romans 5:8 // Deuteronomy 30:19)*

3. Throw off sin that easily entangles = \_\_\_\_\_.

*(James 1:27)*

4. Run with perseverance = \_\_\_\_\_.

5. Fix your eyes on Jesus = \_\_\_\_\_.

*(John 10:10)*

When a parent experiences freedom from \_\_\_\_\_,

kids receive protection from \_\_\_\_\_ and the gift of freedom!

# PERSONAL NOTES

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“Be doers of the word and not hearers only...” *James 1:22*



# FOOD FOR THOUGHT

Most of our Groups are currently on break for the summer. If your Group is still meeting, you can use these questions to facilitate discussion with your Group. Or feel free to use them for your own personal study this week!

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1. Does the POSITION of being surrounded by the faithful sound encouraging? What are some ways you could build stronger friendships and enter a more secure position of being surrounded?

2. Have you ever experienced the pain of broken glass being stuck in your foot? What do you think about your Heavenly Father being glad to take on pain so that you can experience His freedom?

3. Read ***Romans 6:1-14***

- What stands out to you personally about these verses? Any observations?

- What do these verses reveal about freedom that God gives?

- Is there a command to obey, an example to follow, or a specific application?