

FOOD FOR THOUGHT *(continued)*

4. Read the following verses that describe the FREEDOM that is promised us in Jesus. What encouragement do you receive from each one?

SCRIPTURE:	ENCOURAGEMENT:
Galatians 5:1	
2 Corinthians 3:16-18	
Romans 6:15-23	
Colossians 1:15-23	
Romans 8:1-4	

As you reflect on the talk from Sunday and the different things that tend to keep us captive, which area would you most need to lean into to experience freedom?

- Set free from discouragement through **GRATITUDE**
- Set free from fear by **TRUTH**
- Set free from doubt by **FAITH**
- Set free from sin by **JESUS / CONFESSION**

MESSAGE NOTES

VOICES // Week 8

MEMORY VERSE:

"The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord's favor has come." - Jesus

4 things that hold us captive:

1. Held captive by _____.

- Released by _____.

2. Held captive by _____.

- Released by _____.

*Nothing in all creation will be able to separate us from the love of God. **Romans 8:39***

*God works for the good of those who love him. **Romans 8:28***

*When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up. **Isaiah 43:2***

3. Held captive by _____.

*The one who doubts is like a wave of the sea, blown and tossed by the wind. **James 1:6***

- Released by _____.

*Faith is the confidence in what we hope for and assurance about what we do not see. **Hebrews 11:1***

4. Held captive by _____.

- Released by _____.

*Now, there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. **Romans 8:1-2***

