

# FOOD FOR THOUGHT *(continued)*

5. This weekend's teaching highlighted a few ideas about spiritual growth. Which one did you find personally most helpful and why?

- Spiritual growth is a PARTNERSHIP
- Spiritual growth is a PROCESS
- Spiritual growth is always PERSONAL

6. When you think about the early church, they were DEVOTED to these things that seemed to bring health and vitality! In fact, this section of verses ends by saying this:

*"And each day the Lord added to their fellowship those who were being saved."*

As you consider these "spiritual vital signs", give yourself a personal spiritual health assessment from DEVOTED TO - DABBING IN. (This is just between you and God)

## APPLICATION OF SCRIPTURE

Devoted to \_\_\_\_\_ Dabbling in \_\_\_\_\_

## CONSISTENCY IN PRAYER

Devoted to \_\_\_\_\_ Dabbling in \_\_\_\_\_

## ENGAGEMENT IN COMMUNITY

Devoted to \_\_\_\_\_ Dabbling in \_\_\_\_\_

## COMMITMENT TO GATHERING

Devoted to \_\_\_\_\_ Dabbling in \_\_\_\_\_

7. What area or areas do you want to focus on in 2022 to help you become more spiritually healthy? How will you do that?

# MESSAGE NOTES

## Vital Signs // Week 1

### 3 truths about spiritual growth:

1. Spiritual growth is a \_\_\_\_\_.

*Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him. **Philippians 2:12-13***

2. Spiritual growth is a \_\_\_\_\_.

*And the Lord - who is the Spirit - makes us more and more like him as we are changed into his glorious image. **2 Corinthians 3:18***

*And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns. **Philippians 1:6***

3. Spiritual growth is always \_\_\_\_\_.

*God works in different ways, but it is the same God who does the work in all of us. **1 Corinthians 12:4-6***

### 4 spiritual "vital signs":

#### MEMORY VERSE:

*All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer. **Acts 2:42***

1. Application of \_\_\_\_\_.

2. Consistency in \_\_\_\_\_.

3. Engagement in \_\_\_\_\_.

4. Commitment to \_\_\_\_\_.

**BOTTOM LINE: Spiritual growth is about becoming more like JESUS!**

