

FOOD FOR THOUGHT *(continued)*

TAKING IT HOME

1. There are over 30 “one another” commands written in the Scriptures. As you read each of these verses, identify the “one another” command and write it down:

SCRIPTURE:	“ _____ ONE ANOTHER”
John 13:34-35	
Romans 12:16	
Galatians 5:13	
Hebrews 10:25	
James 5:16	

Though this represents a small sample of the “one another” commands in the Scriptures, what type of picture does this paint for how we are to interact in the family of God?

2. This weekend’s talk highlighted the idea that a great metric of healthy relationships is when those who know you BEST love and respect you MOST. As you reflect on your most significant relationships, what is the biggest hurdle to living out the “one another” commands with those people?

3. Of the four practices mentioned during the weekend talk, which one do you feel you need to give attention to during this season of your life and why?

- Take more of an interest in others.
- Make it a priority to be available.
- Commit to helping others grow.
- There is a relationship in my life that needs restoration and forgiveness.

MESSAGE NOTES

Vital Signs // Week 2

2 truths about relationships:

1. We were created for _____ relationships.

*Then God said, “Let us make human beings in our image, to be like us... So God created human beings in his own image. **Genesis 1:26-27***

2. Relationships affect the _____ of your life.

*Walk with the wise & become wise: associate with fools & get in trouble. **Proverbs 13:20***

*Do not be misled: “Bad company corrupts good character.” **1 Corinthians 15:33***

4 relational “vital signs”:

1. Do I take an interest in _____?

*People who don’t get along with others are interested only in themselves. **Proverbs 18:1***

Don’t be selfish; don’t try to impress others. Be humble, thinking of others as better than yourselves. Don’t look out only for your own interests, but take an interest in others, too.

Philippians 2:3-4

2. Do I make myself _____?

*A friend is always loyal, and a brother is born to help in time of need. **Proverbs 17:17***

Never abandon a friend... then in your time of need, you won’t have to ask your relatives for assistance. It is better to go to a neighbor than to a relative who lives far away.

Proverbs 27:10

MEMORY VERSE:

*Always be humble and gentle. Be patient with each other, making allowance for each other’s faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. For there is one body and one Spirit, just as you have been called to one glorious hope for the future. **Ephesians 4:2-4***



MESSAGE NOTES *(continued)*

3. Am I committed to _____?

*Just as iron sharpens iron, friends sharpen the minds of each other. **Proverbs 27:17***

*Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts. **2 Timothy 2:22***

4. Am I quick to _____?

*Do all that you can to live in peace with everyone. **Romans 12:18***

*And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, for anger gives a foothold to the devil. **Ephesians 4:26-27***

BOTTOM LINE:

Do those who know me _____ love and respect me?

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FOOD FOR THOUGHT

Our Group Season starts up again on January 30th! Groups are one of the best ways to connect with others and grow in your faith. During this season, use these questions for personal reflection, OR with your Group if your Group is currently meeting.

MY STORY

1. Can you think of the names of 1 or 2 people who significantly impacted your life? Describe how they made a difference in your life.

2. Looking back at your notes from this weekend's talk, was there anything that particularly caught your attention, challenged you, or inspired you?

DIGGING INTO IT

1. **Daniel chapter 3** describes a powerful story of God's ability to rescue, but it is also a story about FRIENDSHIP and SUPPORT as they helped each other stand up to the king.

How big of a role do you think their friendship with each other played in helping them overcome the king's command? Can you describe a situation in your own life where the relationships in your life helped you through a difficult or trying season of life?

2. Read **Ecclesiastes 4:9-12**. If you had to summarize these verses in ONE SENTENCE for your own life, how would that read and why?

"Be doers of the word and not hearers only..." *James 1:22*

